







# La Guardia Hotel

**GIGLIO, ITALY** 

The island of Giglio is located in the Tuscan Archipelago, part of the largest marine park in Europe. The island is home to aquamarine waters, a perfectly-preserved 12th-century castle and Giglio Porto fishing village, which shares a lot of the same charm and characteristics as the more famous village of Portofino. In 2022, the island was named as one of the world's 'Best Tourism Villages' by United Nations' World Tourism Organisation for its efforts in tourism sustainability.

La Guardia is a design hotel overlooking the spectacular natural haven of Giglio Porto. Its location is unique, perched above an ancient granite cave and overlooking the beach. The hotel's interiors feature neutral tones and flowing lines, complemented by tactile rustic accents.

In the rooms and suites, contemporary Italian furniture is matched with natural materials such as wood and stone. Every room is designed create the perfect cocoon for relaxation.

The island's natural beauty and the hotel's intimate feel make it the perfect venue for

special events such as weddings, anniversary celebrations and honeymoons.

La Guardia's serene atmosphere makes it the ideal location for focusing on personal wellness and self-care. The hotel hosts regular yoga lessons led by expert practitioners in the beautiful open-air wellness area. Practice is open to all levels, including those who have never tried yoga before. Healing treatments such as Zen shiatsu and ayuverdic massage are also available, and are great ways for guests to relax and reconnect with themselves.

One of the hotel's biggest draws is the panoramic terrace, offering the opportunity to savour a cocktail while enjoying the summer breeze and postcard-perfect view. Wine lovers will be delighted by the wine cellar's selection of more than 70 rare wines from small Mediterranean islands. These vintages are paired with simple but delicious Mediterranean cuisine. Bistro-style dishes are enlivened with herbs and produce from the hotel's private garden and ingredients from local providers.

## Need to know

### **KEY FACILITIES**

- Panoramic terrace and bar
- Direct beach access
- Dry garden
- Mediterranean restaurant
- 24h concierge service

#### **KEY ACTIVITIES**

- Sailing and fishing
- Swimming and scuba diving
- · Electric bikes
- · Wine tasting

#### **KEY TREATMENT**

- Ayurvedic treatments
- Shiatsu
- Private yoga lessons

#### Get in touch

laguardiahotel.it T: +39 0564 808077 E: info@laguardiahotel.it

**Don't miss** Experience the wellbeing benefits of a sunset yoga lesson on the beach that the hotel has direct access to